



FILM GUIDE

# 01 WASH DAY

## GRADES 3-5

JAIDA SALMON | CANADA

ANIMATED SHORT FILM | FICTION | 2:17 MINUTES | 2019

Subtheme: Self-Identity, Girls' POV

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PART V

## REFLECTION

### DISCUSS IDENTITY

Encourage students to think about their own identity with some of the following questions:

- What choices does Zoey make to convey their identity?
- What choices do you make to convey your identity?
- For example, what styles of clothes or accessories do you like to wear? How do you decorate your room or belongings? How do you wear your hair?
- Think about any rituals you incorporate in your daily morning or weekly routines to convey these aspects of your identity.

### GET CREATIVE

#### CREATE A SPLIT SELF-PORTRAIT

Next, have students illustrate their personal reflections through a visual arts activity.

## **MATERIALS NEEDED**

Drawing supplies and paper, colored paper scraps (optional), glue (optional)

## **INSTRUCTIONS**

1. Ask students to fold their paper vertically in half to create a Split Self-Portrait!
2. On one side of the paper, prompt students to draw a partial Self-Portrait that reflects external aspects of their own identity (i.e. hair, eye, skin color), their mood, race or ethnicity.
3. On the other side, draw the other half of their self-portrait, this time with the parts of their identity that are not immediately visible to others, such as their personality, their heritage, their hopes and dreams.

**Note:** You can share portrait templates to get them started. You can encourage students to use collage or digital drawing techniques or get inspired by the style of the film and pick a limited color palette (3 or 4 colors) to convey a mood.

4. Invite students to share with the group and explain how these details represent their identity.

**Note:** Join your students! Model this activity by making your own split self-portrait and share it with the class!

## **MODIFICATIONS**

- Have students create a portrait based on a character from a book. You could start by asking students to describe the character.
- If your school has a technology or art teacher, team up with them and encourage students to create an animation of their portraits.